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**COMPOSITION**

RADICAL PHENOMENOLOGICAL PSYCHOANALYSIS

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VOLUME VIII

**5**  
**SUBJECT**



Radical Phenomenological Psychoanalysis  
of Lived Experience

Volume Eight

RPP<sub>8</sub>

24 January - 11 April 2007



2007.01.24

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[ Note about Ezra Pound :

Pound made anti-American radio broadcasts during World War II. He was arrested as a traitor in 1945 and initially confined in Pisa (Italy). He was then sent to the United States, where he was deemed mentally unfit to stand trial for treason. After  $13 \frac{1}{2}$  years in Washington, D.C. mental institution, Pound returned to Italy, where he died in 1972.

Ezra Pound helped finance Eustace Mullins's research for Secrets of the Federal Reserve.

Pound is a man after my own heart. Maybe SS is here to prod me along on my journey of discovery.

The original book, published under the title Mullins On The Federal Reserve, was commissioned by the poet Ezra Pound in 1948. As stated, Pound was a political prisoner for thirteen and a half years at St. Elizabeth's Hospital in Washington, D.C. (a federal institution for the insane).



75.10.5005

Pound's release was accomplished largely through the efforts of Mr. Mullins.

Eustace Mullins writes, "In 1949, while I was visiting Ezra Pound at the mental institution in Washington, D.C., Dr. Pound asked me if I had ever heard of the Federal Reserve System. I replied that I had not, as of the age of 25. He then showed me a ten dollar bill marked 'Federal Reserve Note' and asked me if I would do some research at the Library of Congress on the Federal Reserve System which had issued this bill. Pound was unable to go to the library himself, as he was being held without trial as a political prisoner by the United States government. After he was denied broadcasting time in the United States, Dr. Pound broadcast from Italy in an effort to persuade people of the United States not to enter World War II. Franklin D. Roosevelt had personally ordered Pound's indictment."



Mullins had no interest in money or banking as a subject, because he was working on a novel. Pound offered to supplement Mullins's income. Mullins's initial research revealed evidence of an international banking group which had secretly planned the writing of the Federal Reserve Act and Congress' enactment of the plan into law. These findings confirmed what Pound had long suspected.

Pound told Mullins, "You must work on it as a detective story."

Mullins did research four hours each day at the Library of Congress, and went to the mental hospital in the afternoon. He and Ezra Pound went over the previous day's notes. ]

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 "I suddenly have this great desire to remain alive... a sense of "mission" — are we "gortbusters", some kind of "scholar-warriors"? Is this our higher calling?"



2007.02.01

The human organism is half animal and half symbolic.

The mind perceives the phenomenal body, realizes what flesh implies, and panics.

(N)

" Everything that man does in his symbolic world is an attempt to deny and overcome his grotesque fate. He literally drives himself into a blind obliviousness with social games, psychological tricks, personal preoccupations so far removed from the reality of his situation that they are forms of madness.

To see the world as it really is is "devastating and terrifying"

We repress the truth of the human condition, especially the origins of the so-called "Race of white skinned devils".

The ones who have difficulty playing the game of repression (of the truth of the human condition) are the ones we call mentally ill.



Schizophrenics (the broken hearted) are suffering from the truth. They have ceased to REPRESS.

Psychoanalysis reveals the costs of pretending not to be mad.

We may not be strong enough to endure the full intensity of life.

Is mind-body dualism the cause of our panic, or its effect?

Do we panic because we are consciousnesses with bodies, or is our panic what impels us to dualize ego-consciousness from body?

Do I have a morbid craving for fame? The desire to be famous is a clear example of how something repressed (death terror) manifests in consciousness as a passion for symbolic immortality.



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The "medicine" is half-way decent in the morning with coffee and tobacco. I have come across our dilemma:

repression of subconscious forces (repression of truth) is reinforced by outside forces.

When we begin to expose our psyches to the truth, to reality as it truly is, we may be diagnosed as mentally ill since we will experience psychological pain, metaphysically terrifying speculations.

With increased consciousness comes increased awareness of the end, and a need to resolve the increased anxiety that that awareness brings with it, whether by becoming an immaterial soul or by attaining symbolic immortality through one's reputation. This is where the desire for "fame" comes from.

This implies that the mind-body dualism that most of us presuppose is not the essence of human nature but an example of "nurture" being taken for nature — a historically determined conception of man now



(N)

so deeply ingrained that its metaphysical nature is forgotten — which is the very definition of repression, something that afflicts whole civilizations as well as individuals.

What happens to individuals who repress the least in a civilization such as ours which collectively represses truths that "upset their bubble world"? ?

May "mental problem" is not a problem at all, but a phenomenal antidote to the pain experienced in seeing things as they really are. We may suffer "mental illness" precisely because we shield ourselves less than "normal denizens".

I will call them "normal IW denizens" rather than "gorts". Already my writing is liberated from having all of my gbo e-books disappear.



With q.b.o gone, my "literary notebooks," memoirs, diaries become a bit of an occult phenomenon. An obscure philosophical development is taking place, and while I surely am looking forward to reading more of Dostoevsky and Vonnegut, perhaps these notebooks of mine - as MEMOIRS, serve as the blood of some hocus pocus symbolic immortality.

Like Bokanovism from Vonnegut's CAT'S CRADLE, "Radical Phenomenological Psychoanalysis" feels just so on-point, original, and slightly - only ever. so slightly - tongue in cheek.

I really am genuinely onto something.

I am attempting to decolonize my mind, to deprogram and un-condition.

We take for granted the apparently objective nature of the world, which Western philosophy (and cognitive psychology) since KANT has realized to be mentally constituted.



Not only does each of us construct the supposedly objective world, but (just as important psychologically) we constitute the world in a manner that conceals the fact that we have constituted it — which can also be seen as a form of Repression.

As an individual, when I make mental breakthroughs, the species makes breakthroughs. I need not share everything with the entire world.

I am some kind of MAD SCIENTIST who has invented his own religion: RPP, or "P".

By beholding the phenomenal body and realizing my mind has constituted its appearance as such helps me give up trying to influence impressions others have of me. S has a built-in repulsion to WHAT I AM: melanin deficient.



I believe I can instantiate dramatic inward changes in all my relations if I articulate in a coherent manner these "breakthroughs" and "insights" into the human condition.

I'm letting go of govt-terminology and using Buddhistic terminology -

We try to stabilize the world we are in - it is an attempt to "secure ourselves".

This "fear of groundlessness" is the ego-self's fear of its own "emptiness".

It is not just the sense-of-self that is empty. The denial of subject-object dualism which is so fundamental to Mahāyāna (and Advaita Vedānta) implies that our usual sense of separation (between myself and the world I am in) is delusive. Then to repress the fact that I constitute my "objective" world is also to repress the fact that I constitute myself - and others constitute themselves.



# RADICAL PHENOMENOLOGICAL PSYCHOANALYSIS

## VOLUME EIGHT

SECTION TWO : 3 February - 14 February  
2007

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"Guilt" reflects the self-conscious animal's bafflement at having emerged from nature.

The major sin is the sin of being born.  
(Samuel Beckett)

It is the worm in the heart of the human condition, an inescapable consequence of self-consciousness itself: the trouble with being born is that it puts us in a "fucked up situation" to say the least.

What to do? Do we deny our own groundlessness by becoming our own ground?

- the ground of being an independent person?

This ground is socially sanctioned but none the less illusory. (This ground is the seat of the govt).

Our intuition may whisper to us that self-consciousness is a mental construct.



The problem arises when consciousness wants to ground itself, to make itself real.

(N<sub>1</sub>) The ego-self (and, yes, perhaps "the god") is an attempt of AWARENESS to objectify itself by grasping itself - which it can no more do than a hand can grasp itself. Vedānta shows the futility of this by pointing out that whatever the "I" becomes aware of cannot be the "I", that the "I" will always be different from anything cognized as "me".

By coming to these realizations, I experience deep insights into the human condition.

It is so cold outside that I only smoked a little medicine (the extremely mild variety) and I am in a state of mind conducive to philosophy, psychoanalysis, and spiritual breakthroughs. I reach a point where language is transcended.



2007.02.11

In  Savage and Beautiful Country, Alan Mc Glashan  
write:

"What is sought is not some flamboyant new form of consciousness, that will seize men's minds and revolutionize the world, but an almost imperceptible inner change - a willed suspension of conventional judgements, a poised awareness, a stillness in which the long smothered voices [that] speak the language of the soul can be heard again.

"It is a quiet secret, but do not be misled by this. For it is also a terrible secret. The inner life of the mind has its nightmares, as well as its golden dreams, and wayward fancies. To become purely receptive, to create an inner silence, is to unlock a dangerous door, opening upon a world from which faint hearts would do wisely



to keep away [from].

"It is to set out on a solitary journey whose end is still unsure. The Greeks understood tragedy as "transformation through suffering." Carl Jung ~~understood~~ ~~tragedy~~ emphasized the positive value of suffering in his writings summing up his philosophy of therapy with words worth pondering: (and worth writing down)

WE DO NOT BECOME ENLIGHTENED  
BY IMAGINING FIGURES OF LIGHT  
BUT BY MAKING THE DARKNESS  
CONSCIOUS.

Let us reflect upon the darkness in the inner life of the mind.

Paul Levy, in his writings about Apocalyptic Delusional Syndrome, (sheds light on) <sup>\*</sup> that very same phenomenon we call gortbusting.

\* DESCRIBES



Very:

" Finding the name of the deeper process that is revealing itself in, as, and through our world is to shed light on that darkness that is wreaking havoc in our world.

" Shedding light on darkness is a genuine illumination  
a birthing of consciousness.  
Once illumed, the darkness can no longer act itself out (destructively) through our unconscious.  
Adding consciousness to the mix changes everything.

" Carl Jung was well aware that the greatest danger facing our species is to fall into our unconscious together and become collectively mad. He never tired of warning about this. Our species has undoubtedly fallen into the very collective psychosis that Jung was



warning us about (the fact that we are destroying the biosphere, the very life-support system of the planet). Very few people seem to have noticed that we are a species gone mad (it is certainly not part of our planetary dialogue), which itself is an expression of the extent of the collective insanity we have fallen into. Our madness has become normalized, as it is so pervasive we have become habituated to it."

Levy is chanting the six sacred words.

To be a gort is to react to how we ourselves are evoking our world AS IF it objectively exists and is separate from ourselves. To be a gort is to not recognize the role that we are playing in dreaming up what we are reacting to. To be a gort is to not realize that perception does not equal reality.



I see the parallel between Levy's and  
Roshi's theories.

Sure, "gortology" is disguised as a joke  
so as to make it FUN, but  
it is as potent as this ADS theory.

"Any of us, at any moment, to the extent  
we fall into our unconscious and  
become entranced by the reality-creating  
function of our own mind,  
become bewitched by our own  
projections and the meanings we imbue  
them with and fall prey to ADS."

Levy has clearly ~~stump~~ ~~stump~~ stumbled  
upon the Gort Syndrome, or we  
have just been on the same trail  
using a different map.

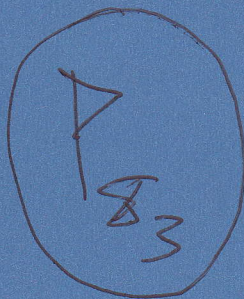
\* To the extent we forget that our  
perceptions-of-reality are generated by our own  
sensory apparatus, the gort is at the command  
center in the control panel of our brains.



# RADICAL PHENOMENOLOGICAL PSYCHOANALYSIS

VOLUME EIGHT

SECTION THREE: 14 February - 23 February 2007





When we become bewitched by our own projections, we believe that that which is so, is so.

How easily our gortological terms map over replacing Levy's psychological terms!

I do this in the spirit of advancing some kind of unifying theory. I am not attached to the terminology of gortology, but it does have the advantage of disguising itself as a joke, which I could protect it from academic zealots.

Who among us can honestly say we have never fallen into our unconscious and reacted against our own reflection as it appears in the outside world? Permeating the entire field of consciousness, the gort exists within each one of us (in potential) at any moment. To the extent that we don't realize our complicity in what is



playing out, we have fallen prey to the gort.

The realization of ~~of~~ our susceptibility to this psychic malady is, paradoxically, the very awareness that immunizes us from it.

This is worth repeating:

THE REALIZATION OF OUR SUSCEPTIBILITY TO THIS PSYCHIC MALADY IS, PARADOXICALLY, THE VERY AWARENESS THAT IMMUNIZES US FROM THE GORT.

Like a self-replicating fractal, the gort is playing itself out in multiple dimensions simultaneously, which is to say it expresses itself on the personal, as well as the collective level. Both individuals, such as President Bush, and nations (take your pick), can be so fully taken over by the gort that they can be said to be embodying



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and incarnating this syndrome. This underlying psychological syndrome, a malady existing within the very depths of the psyche, is revealing itself in the outside world, for all who have eyes to see, through those it takes over to be its instruments.

## The Gort Syndrome!

Seeing the nature of the deeper psychological process that is playing out in our world, is to find its "name," which is to get a "handle" on it, so to speak. This is the power of the Word, the Logos. Just like mythology, when we know the "demon's" name, we strip it of its power.

We have named ADS the gort.

We're done our homework!



2007.02.20

I printed THE MACHINE IN OUR HEADS, but I still would like to get some notes down in RPP.

"Most people do not see, understand, or care very much about this catastrophe of the planet because they are overwhelmingly preoccupied with grave psychological problems. The environmental crisis is rooted in the psychological crisis of the modern individual.

"Tribal consciousness has been driven underground, becoming something forbidden and dangerous.

"When confronted with the awesome power of civilization, whose first representatives are parents, teachers, priests (and, later on, police officers, bosses, legislators, etc) the child faces, psychologically, the same situation as its tribal ancestors, namely, conform to the dictates of civilization or die. The helplessness of childhood makes the threat of bodily harm or loss of love.



which is used by the parents and others to enforce civilized morality and civilized education, a traumatic experience.

There is much fear that lies at the origin of civilization. There is much fear that lies at the bottom of becoming a civilized adult.

alcohol-abuse  
mental illness  
relationship disasters

"The trauma or inescapable terror of civilization is responsible for the derangement of reason. The inner dialogue in the human mind that is the hallmark of self-consciousness has ceased, because the depth-dimension of reflective thought, which is the PRIMITIVE MIND, has been silenced. Modern people no longer hear their own primal voice, and without interaction between new ideas and old ideas, the demands of the individual and the demands of the tribe (species), there is no deep thinking."

Note: For most of my life I have been told I was a deep thinker.



"On the contrary, when reason is cut off at the roots, it becomes shallow, unable to determine what is of true value in life."

"Deep thinking is not the result of education; it is innate, our birthright as Homo sapiens. What civilization has done is to disrupt the free flow of ideas in the human mind by shutting down the primitive mind through traumatic socialization."

Parton then explains THE FALSE SELF, which I understand to be one and the same as THE GORT.

I wonder if I could ever apply gorthusting to my struggles with alcohol. Just last night I proved to be somewhat "out of control" (i.e., playing music loud and late). And yet, upon realizing I had 13 quarters (the magic number for two #211's [3.22]), I felt my body-mind decide to buy beer before the liquor store closes at 6PM. Why? (MENTAL ILLNESS?)



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THE FALSE SELF = "the govt"

"We have internalized our masters, which is a well-known psychological response to trauma."

Note: This "master" could be viewed as "the Higher Power" (State, Authority, Power, Money-system, representative of civilization). "Treatment" consists of internalizing the authority figures of civilization. That's why there is ~~are~~ always mention of jails, institutions, and death. They are playing on that FEAR.

"When faced with overwhelming terror, the human mind splits, with part of itself modeling itself after the oppressor. This is an act of appeasement: 'Look,' the mind says in effect, 'I am like you, so do not harm me.' As a result of the ~~civilization~~ civilizing process, together with the psychological defense mechanism known as identification with the aggressor, we now hear the alien voices of the various representatives of civilization in our heads."



"Because of these alien ego-identifications we no longer hear ~~our~~ our own tribal/primitive voice. In order for deep thinking to commence again in the human mind, it is necessary to break down these internal authorities, overcome the resistances, that prevent tribal ideas from coming to consciousness."

This is what 98 ounces of beer does to my ~~relationship~~ penmanship

"The modern problem is not simply that we do not listen to primal ideas, but rather that primal ideas are unable to come to consciousness at all, because of the internal counter-forces, or ego-alien identifications, that contradict and over-power them."

"These ego-alien identifications, built up over the course of a lifetime, cohere and form a distinct, circumscribed personality or false self (the GORT), that represents and enforces the RULES and REGULATIONS



of civilization. This false self (gort) is observable in the frozen facial expressions, stereotypic gestures, and unexamined behavioral patterns of the general public.

"This false self (the gort) determines much of our everyday lives, so that we are seldom the origin of our actions. We lapse into the false self [the gort] at the first sign of danger, under stress, or simply because it is the path of least resistance. In this UNTHINKING mode of social role playing, we internally reproduce our own oppression."

- PAUSE -

The State ... I guess I am a "ward of the State" since my sole "income" is the "disability" check I collect. The disability is manic-depression (bipolar disorder) with rapid cycling. Is this a social role? Certainly.

Yet I have ~~continuously~~ continually challenged coercion into "day programs". Nor do I accept the role of "recovering alcoholic".



My goodness! I am glad I have been able to protect my ~~mind~~ psyche from the mind manipulation tactics used by "mental health technicians" (Give us a fucking break!).

When in danger (homeless) I willingly ~~do~~ accept the social role of mental patient. At that stage, the trauma of being homeless does wreak havoc on my mental health.

What about my presence as a writer / "deep thinker" on the Internet? Isn't this my true self? I believe it is. Imagine if the professionals I encounter in "the system" (CPC, ICMS, others)

were to become curious and check out some of my strong opinions on gbo.

I think they would have to respect the fact that I am quite unique, rare, and some kind of natural resource.

After all, I am making a contribution to the species, to the planet, by sharing my soul, by recording my insights on public record.



If the govt (false self) <sup>was</sup> ~~were~~ "at the control panel of the command center in my brain," I would care about public opinion. I would ~~want to~~ work to remove the stigma of "unemployed with emotional disturbance / mentally ill". And yet, I don't care. I have been quite content to spend my days engaged in DEEP THINKING.

THE ORIGINAL SELF = primitive ego  
= "the person one was in childhood" (before the mind was ruptured by the trauma of civilization). The primitive ego is who we still are at the core of our personal identities.

"This original self is closely connected to the oldest layer of the psyche. It has direct access to primal wisdom, an internally directed perceptivity, that permits the entry into consciousness, as well as the passage into activity, of TRIBAL IDEAS."



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"In civilization, this original self is caught in the middle of a war between the status quo false self [the gort] and the uprising of the tribal self. Even when an individual succeeds in holding its own personal identity, refusing to slip into the false self, the primal voice may remain unheard, smothered by the false self (the gort).

"As a distinct, circumscribed personality, the false self [gort] achieves a counter-will of its own that is always operational in the sick mind, at least in terms of repressing tribal ideas. Tribal ideas threaten civilization, so they cannot pass through the censorship of the false self, which functions specifically to ward off all serious challenges to civilization.

"Furthermore, the false self tends to become more autonomous and extensive, owing to improved forms of social control and manipulation of consciousness in the modern world, advertising, for example."



"Once the mind is broken, the false self [the govt], backed by the relentless power of civilization, takes over our lives. The original or primary self has become autistic, or severely withdrawn from active engagement with social reality. However, there remains some awareness, at least sometimes, of our primary identity beneath the false self, and so there is hope for lifting the repressions set down most effectively in childhood on primitive mental processes."

• The capturing of the mind which gives rise to the govt (false self) is precisely what occurs through compulsory training and education of civilized human beings.

"In order to resume deep thinking in the human mind, so that we can become our true self, it is necessary to push back and ultimately dissolve civilization, internally and externally."



## THE MESSAGE

"The fact is that people do not feel satisfied in the roles assigned to them by civilization. There is a widespread feeling that one's true identity or potential is not being fulfilled, but unfortunately there is no awareness of the tribal self, together with the original self, except among a small minority of individuals. Once the message of the tribal self is reintroduced into public consciousness, it may lie dormant in the minds of individuals for a long time, but it is never entirely forgotten again, as it was in childhood. This message is the catalyst for an intellectual awakening among the population, accompanied by the feeling that something old and familiar has been uncovered."

"The power of this message to move an individual is due to the psychological fact that, although repression shuts down deep thinking, ~~the~~ tribal ideas continue to push for



entrance into consciousness. Whatever is part of the repressed unconscious is trying to penetrate into consciousness. When an individual gets the idea of a tribal self from an external source, via the message, it takes hold deep down. The message appeals to the conscious mind, tingles at it, rings true because it touches and stirs the repressed truth that is striving to break into awareness. For this reason, the triumph of civilization over the tribal self is never secure, so there must be a constant bombardment of lies and distortions from the representatives of civilization."

Note: Each individual must validate or prove the theory of a tribal self by hearing one's own primal voice.

Civilization without (laws, institutions, technologies) and within (the false self) is organized against the tribal self.



"It takes inner resolve and courage to go against civilization, outwardly or inwardly."

"The psychodynamics of the cure consists in overcoming our fear of deep thinking by strengthening the original ego, through everyday practice, to the point that it no longer turns away from its own subversive ideas. We are afraid to think deeply or critically, due to the horror of the past. It is safer not to think about tribal ideas, and spare oneself the painful memories of punishment (and the attacks of anxiety) that are associated with the recall of these ideas."

"The child settles for an unsatisfactory adaptation to social reality namely, repression of its tribal ~~self~~ self because it is unable to deal with the threatening menace of civilization in any other way. For adults, there is plenty opportunity to in our everyday lives to question and refuse humiliating and debilitating authority."

- PAUSE -



# RADICAL PHENOMENOLOGICAL PSYCHOANALYSIS

## VOLUME EIGHT

SECTION FOUR : 23 February - 24 March 2007

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My mother and I saw "The Departed" ~~last~~ <sup>back</sup> on February 11<sup>th</sup>, my birthday. It reminded me of my experience with the Park Service... how, when I was in a position to lock all local police out of "park lands", and I did so. Could the entire "invasion of the Tark House" back in 1995-1997 have been "set up"?

No. How do some very serious good de boys do what they do? How was it I was ~~in~~ on the list to be "destroyed"? What was in the works behind the scenes? Was there a conspiracy to have me fired from the State Park Service so that I would be removed from the Tark House?

Had the aristocrats become jealous of me for my being chosen as the president of that large historic house out in the woods? Of course,

And I had become too damn damaged by the onslaught of "invaders".



E

As a writer, I follow Emile Cioran's *modus operandi*, ~~for~~ adhering to no theme.

In my daily existence I apply Alan Watts' theories by embracing my savage desires like hunger, sex, nicotine, coffee, oatmeal/sugar, water.

Having been through what I've been through, "reduced" to the primal core, I can't help but fully appreciate instant oatmeal and sugar.

Being a thinker, I am a poor consumer for I am self-stimulated.

E

While relieved M was out and on his way, Clint knocked on the door hung over and requesting to come up to WARM UP for a couple hours.

I refused. GUT-LEVEL / INSTINCT.

My reason: I wanted to escape outdoors.



And escape outdoors I did. Take sanctuary in  
a nook in a secret hidden sacred place.

While Clint stood freezing at the door, here I  
sit warm in a sunbeam out in the woods out  
back down in the ghetto trail.

While herbal smokes do not have the power to  
bring about a sacred manner, when combined with  
a connection with the sacred-web-of-life-in-the-  
universe, then what can I do but behold the  
HEALING?

I have discovered a door to a ~~secret~~  
secret world, a place I can escape to.  
I actually was forced to <sup>(re)</sup>discover the  
value of this pseudo-sanctuary. Clint wanted  
to CRASH indoors. I wanted to meditate  
outdoors. The ancient voices of the ancestral  
emotive-instinctual system kicked in; and, like a  
hero/trickster, made quick out of the apartment  
in into the trail - dressed in thick black sweat  
suits, mosh<sup>2</sup>...

Finding refuge in the woods as a way to  
dodge C is one of those magical, funky,  
old time voodoo events witnessed by the  
ancestors with humor and delight!

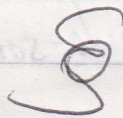


Sitting in the woods in the trail, sitting on a fallen tree, out of the way with headphones on...

It feels like "prayer," but it is possibly "communion."

Communion with Sun & Sky,  
communion with Waters, Woods, Airs - Winds

While I appear to be hiding in the woods, I am actually communing with the spirits of the earth, energizing me, ANIMATING ME!



The flight out into the woods was necessary, as was the return for more clothing and 6 slices of French Toast with coffee.

For the time being, this apartment is my sole territory, and I am determined to keep from being invaded by those who disrespect my hospitality.